



# Revisiting, Refining, and Advancing the 10-Series

*A series of three 6-day seminars*

In this seminar series of three 6-day periods, a small group of practitioners (limited to 8) will have the rare opportunity to come together to revisit, refine, and advance their ability to effectively deliver the results clients seek from the 10-series. Together we will delve into the 10 Series, share perspectives, and learn from each other while taking a client through a basic series of sessions. These workshops will not include session exchanges except during palpation exercises.

As course facilitator Russell Stolzoff will weave together a 10-series demonstration on a model client with presentations and practicums on topics relevant to each session and the series as a whole. He will also supervise practitioners' sessions with their client and lead group discussions about the work.

## Course Features

- Receive post-graduate supervision while taking a model client through the 10-series
- Focus on advancing the vision of 10-series themes, or 'through lines' that guide your work from start to finish
- Develop and refine strategies within each session
- Learn to make sophisticated on-the-fly decisions during sessions based on new information. Think ahead about the repercussions and make adjustments to your strategy
- Get beyond muscle anatomy maps - use fascial architecture concepts that link with your perception to guide your work
- Expand your perception of the work's effect on the whole body
- Take advantage of the rare opportunity to discuss in a group settings with colleagues your feelings, reactions, response to your work



*Seminar (all three workshops) must be taken as a whole. No refunds given after 60 days before first workshop unless a replacement practitioner is found.*

### Location:

Bellingham, WA

### Dates:

May 30 - June 5 (Off: Jun 2)

Aug 1 - Aug 7 (Off: Aug 4)

Oct 10 - Oct 16 (Off: Oct 14)

### Cost:

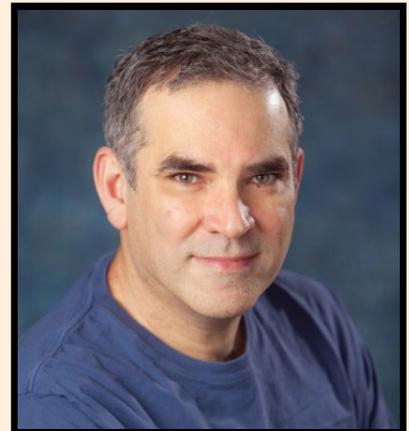
\$2700 - 10% OFF if paid in full  
25% to reserve space in course  
25% due 60 days before 1st class  
50% due 30 days before 2nd class

### RISI CE credits:

18 manipulation credits

### Contact:

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(360) 671-0546



Russell Stolzoff has been a Rolfing Structural Integration practitioner since 1989 and became a Rolf Institute Faculty member in 2002. He is endlessly fascinated and curious about the Structural Integration process and the developmental trajectory of becoming a skilled practitioner.

In his supervision workshops Russell creates a spacious, welcoming environment, and presents Structural Integration topics from a relational and embodied point of view. He believes that safety in the environment leads to better learning, expanded creativity, and more effective results.

*Russell Stolzoff is a Certified Advanced Rolfer™, Rolf Movement® Practitioner & Rolf Institute Faculty*