

Embodiment ✦ Continuity ✦ Integration

The Art of Rolwing® Structural Integration

An Instruction and Supervision Workshop with

Russell Stolzoff

The course

Our effectiveness and satisfaction as well as our clients', does not come only from our technical skill and understanding of anatomy. It is due in great part to our ability to understand and relate to the entirety of what motivates people to seek our help. Mastering Structural Integration rests on building trust in ourselves, and clients, that we are listening, seeing, feeling and interacting with our clients and their bodies accurately and effectively.

This 3-day workshop offers an opportunity to explore and develop these elements of perception and skill, and receive personalized supervision at a relaxed pace. Participants will be introduced to a style of Structural Integration that will improve their ability to profoundly affect the body from simple, easy-to-access places in the superficial fascia that connects with deeper layers. Strategies that utilize long lever techniques to connect through the arms and legs to the core and spine will frame the opportunity to practice assessing and addressing the specific needs of each participant.

Keeping in mind that our own experience of integration is what allows us to communicate new possibilities to our clients, this course will utilize lecture, discussion, demonstration, and closely supervised exchanges to advance both the hands on skill and the embodiment of each participant.

In his supervision workshops Russell creates a welcoming, spacious environment. He presents Structural Integration topics from a relational and embodied point of view that places primary emphasis on practitioners achieving an optimum state of being that serves as a foundation for clear perception and effective interactions. His underlying point of view is: when we are able to resolve anxiety, we feel safe and we relax; we are then better able to learn, draw on our creative capacities, be more responsive to our clients, and we can produce more effective and satisfying results.

About Russell Stolzoff

Russell Stolzoff owner of Rolwing®Works (rolfingworks.com) and Stolzoff Sportworks (stolzoffsportworks.com) has been devoted to Rolwing® Structural Integration since he experienced his first session in 1983. For the last 23 years he has continually strived to improve his skills and the effectiveness

of his treatments. As an instructor he loves sharing his knowledge and engaging with other practitioners to help them to reach for the next level of skill in their practice. Russell is a member of the Rolf Institute's faculty, serves on its Executive Education Committee, and is a past Chair of its Board of Directors. He currently practices in Bellingham, Washington.

Instruction and Supervision Workshop with Russell Stolzoff

Dates & Times: **June 22-24 9:00-5:30**

Individual sessions with Russell are available June 25-27, 2012

Instructor(s): **Russell Stolzoff**

Cost information: \$575

CE credits: 3 Manipulation Credits

Location: **Bellingham, WA**

Registration and

Information Contacts:

To register: Contact Rolwing®Works

info@rolfingworks.com

(360) 671-0546

Individual Sessions with Russell are available June 25th – 27th. Fee is \$160/session. Contact info@rolfingworks.com